

Community Chest Application Summary 2017/2018

Local Authority	St Edmundsbury Borough Council
Organisation	Home-Start (Honington)
Amount Requested	<i>£12,294</i>
Total Project Cost	<i>£130,575</i>
Match Funding	<i>£118,281</i>
Partnerships	We anticipate that we will work with the welfare services already active at the base and have a close working relationship with the Children's Centres across Mid and West Suffolk
West Suffolk Bid?	No

Key Points

- Home-Start Mid Suffolk (HSMS) aims to give support to families who may be struggling to cope with a variety of challenges including post-natal illness, disability, isolation, the demands of parenting young children, bereavement or multiple births.
- We have been fortunate in securing funding from the Royal British Legion (TRBL) to set up and run 12 Stay and Play sessions for pre-school children and their parents, at RAF Honington to meet an identified need in the area.
- Funding is required to cover the salary of a Group Worker who will lead and plan the ongoing sessions, and to cover the costs of their time in supervising volunteers who will assist in the running of the group.
- Funding is also needed for cost of venue hire, refreshments, ongoing training for the volunteers e.g. safeguarding and travel costs for staff and volunteers.
- Project start: **January 2017**
- Project end: **Ongoing**



**St Edmundsbury Borough Council
Community Chest Grant Application
Part A**



Community Chest funding supports voluntary and community groups who make a contribution to improving the quality of life for people in West Suffolk. The information you provide will help us consider your application. ~~If you have any questions, please give us a call on 01638 719763.~~ Before completing this form, we ask you to please read the guidelines, which are available on:

<http://www.westsuffolk.gov.uk/community/community-grants.cfm>

Please return your completed, signed form and supplementary documents to:

richard.baldwin@westsuffolk.gov.uk

1. Name of your organisation(s):

2. Organisation address details

Address Ln1	The Principal's House		
Address Ln2	Kerrison		
Address Ln3	Thorndon		
City/Town	Eye, Suffolk	Postcode	IP23 7JG
Main phone	01379 678552/ 224	E-mail	amanda@homestartmidsuffolk.org.uk
Website	www.homestartmidsuffolk.org.uk		

Main Contact Person		Second Contact Person	
Title	Mrs	Title	Mrs
Forename	Amanda	Forename	Angela

Surname	Jacques	Surname	Dennis
Role	Scheme Manager	Role	Business Manager
Daytime Tel No.	01379 678224	Daytime Tel No.	01379 678552
Mobile No.	07540 282074	Mobile No.	
Email	amanda@homestartmidsuffolk.org.uk	Email	angela@homestartmidsuffolk.org.uk
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	
Town		Town	
Post Code		Post Code	

About your organisation

3. What local authority area(s) does your organisation work in?

Suffolk: St Edmundsbury, Forest Heath and Mid Suffolk

*Community Chest funding is offered by both Forest Heath and St Edmundsbury councils. As the decision making process is different any projects applying for funding across West Suffolk, must apply separately.

4. What is the status of your organisation?

Registered charity	✓	Charity number: 1127760
Applying for charitable status		
Company limited by guarantee	✓	Company number: 6674059

Community Interest Company		
Part of a larger regional or national charity (Please state which one)		Home-Start UK network although independent charity status
Constituted Community Group		
Social Enterprise		
Other (Please specify)		

5. How many people are involved in your organisation?

Management committee	5	Service users	
Full Time staff / workers	4	Volunteers and helpers (non-management)	55
Part Time staff / workers	3		

6 What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and

objectives and who primarily benefits from your organisation.

Home-Start Mid Suffolk (HSMS) aims to give support to families who may be struggling to cope with a variety of challenges including post-natal illness, disability, isolation, the demands of parenting young children, bereavement or multiple births. Many parents with whom Home-Start engages struggle to cope with everyday tasks, and this in turn leads to unhappy children, or children who become at risk. Our support helps to prevent these difficulties from escalating into crises, and crises from developing into family breakdown. We work to strengthen families by helping parents to help themselves: to become happier, more confident parents, fully engaged with their children. This in turn improves the health and welfare of the children.

We work by providing one-on-one support to families through our staff and volunteers, and through running Family Groups, which are designed to provide activities and support for children and parents, as well as to develop social networks and support groups within local communities. We achieve this through a team of over 50 trained volunteers selected for their experience/understanding of parenting, supervised and supported by staff co-ordinators. Each volunteer will visit a family in their home each week with co-ordinators supporting this work by regularly reviewing families, ensuring the level of support is appropriate and relevant in meeting the initial aims negotiated with the family. In addition we offer families who do not wish to have a home visiting volunteer, the opportunity to receive confidential, non-judgmental support through our weekly Family Group meetings, where they have the opportunity to speak in confidence to Leader/volunteer.

£225,110

7 What was your organisation's total income for last financial year?

8 What was your organisation's total expenditure for last financial year? £214,858

9 Does your organisation have more than six months running costs?

10 What are your organisation's current unrestricted reserves or savings? £51,300

11 West Suffolk prioritises building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

A thriving voluntary sector and active communities who take the initiative to help the most vulnerable.

People playing a greater role in determining the future of their communities.

Improved wellbeing, physical and mental health.

Accessible countryside and green spaces.

About your project – why are you applying for this funding?

12 What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project for which you are seeking funding, and not your organisation.

We have been fortunate in securing funding from the Royal British Legion (TRBL) to set up and run 12 Stay and Play sessions for pre-school children and their parents, at RAF Honington to meet an identified need in the area. These sessions include a focus such as messy play, healthy eating and getting the child and parents 'school ready'.

Initially we planned to offer the Stay and Play sessions over a 12 month period, however after discussions with family support staff at the Base it has become clear that a weekly support Group is needed. TRBL have agreed to this change and we now seek funding to extend the Group offering past this initial 12 week period.

Funding is required to cover the salary of a Group Worker who will lead and plan the ongoing sessions, and to cover the costs of their time in supervising volunteers who will assist in the running of the group. We have used our experience in running our Family Group in Bury to realise we need a dedicated Group Worker to manage the sessions rather than leave this entirely to volunteers. The Group Worker will then be the link to our family coordinators and can refer families to our one to one home visiting service if additional support is identified. This Group Worker support model has been used by us successfully in

13. How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

This project builds on a very successful project at Honington Primary School (2015). Here we used a storyteller and artist to work alongside children throughout the school to explore their feelings and experiences of regularly being moved to a new base and a new school. Through this we developed an excellent understanding of the needs of children and families on the Base. Additionally, we have used our experience in our long-running Group work at RAF Wattisham where there are similar issues. When developing the project we consulted Honington Primary School Base Welfare Officer, First Steps Nursery, Bluebells Children's Centre and the Base Youth Worker about needs and ways to address them, considering how to build on what exists. Additionally, we have feedback from families and teachers about the Honington Primary School project.

We already receive referrals to support families on a one to one basis from Hive staff, Health Visitors and local Children's Centre. They have highlighted the needs faced by families on the base which include the feelings of isolation, poverty, and concerns about children's behavioural issues or development. Most families have been relocated away from their wider circle of support and children need additional emotional support concerning their parent's deployment. We are experienced in supporting families with these needs and we are a catalyst for additional support networks to develop outside the Group meetings. Part of TRBL funding is to provide training for volunteers from the base who will then be involved in supporting families either at the Group sessions or on a one to one basis via our home visiting service. We have already been approached by service personnel who would be willing to undertake such training so they can help and 'give something back' to others.

14 How will the project help local people to support one another?

We work to strengthen families by helping parents to help themselves. We help to build up the parent's confidence and introduce new ways to play and interact with their children. We will train local parents to assist our Group Worker in running the groups. There has already been an active interest shown in helping others and we will facilitate formal training. This means these volunteers will then support other parents and children who attend the Group.

We encourage parents who attend the Group to interact with other parents as well as their own children and many friendships are formed that carry on outside the weekly meetings. This encourages people to get involved with other parents and in the local community. We will work closely with the staff on the Base to ensure our support works alongside any other help that is available. We will signpost families to other support agencies eg Children's Centres, Health Visitors, and if required will encourage the parent to meet with one of our Home Visiting Volunteers.

15 Are you working with any other organisations on this project? **Yes**

If yes, please state the names of these groups and the nature of the relationship.

We anticipate that we will work with the welfare services already active at the base and have a close working relationship with the Children's Centres across Mid and West Suffolk – some commission us to run Groups, eg, Little Stars play session at Stradbroke and Dads and Kids breakfast group at Stowmarket, we attend their advisory boards and they are our main referrer of families for home visiting. We will work alongside SSAFA to promote our Group and one to one home visiting support. We will work with the RAF Honington Welfare Officer, Hive staff, Youth Club worker, and Nursery and Children's Centre to make sure people are aware of our project and refer families to us. We will also link in with Health Visitors. There are some existing meetings of families so we will engage with these. We already receive referrals for home visiting support from Hive staff, Health Visitors and the Children's Centre, so there is existing awareness of HSMS.

14 When will the project finish? **Ongoing**

If this is an ongoing project, how will it be funded and continue going when the funding ends?

Over the course of the year, we will work to make this support sustainable, through recruiting and training a network of local volunteers who will be available to support families. Central to our work with families is that we work to help families help themselves, by giving them the knowledge, skills and confidence to do this. The work that we do with families should therefore have a sustained impact.

As our funding streams start to come to a close we will look at funding available at that time to carry on with this project to fund our Group worker costs.

15 Which years funding are you applying for? 2017-18

16 How many people do you expect to benefit directly from the project on either a weekly, monthly or annual basis?

40 families annual basis

17 What results (including targets/numbers) do you expect to see as a result of the funding and how do these relate to the Community Chest funding criteria? If your project is health related how does it improve health outcomes for residents within community networks and beyond?

The principles for this project follow similar principles as Home-Start. The need categories we monitor are parenting skills, children wellbeing, parent's wellbeing and family management. Within these headings we support the families to make a plan of what they feel their family needs are. To look at different ways to address any problems. We always make sure these are realistic and achievable. The volunteers help to build self-esteem and confidence and offers emotional support. Within this we encourage the families to form wider links with the community and services around them so that they reduce their isolation and become a member of their community. These all support them to look at their well-being.

Part of the journey with the family the volunteers undertakes is supporting their emotional needs, this is offering a listening ear. The families often discuss their past and any barriers they feel they have to overcome. This is part of them moving forward. The volunteers are non-judgemental and look at the whole family needs

19 What is the total cost of the project?

£12,294

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

Item or activity	Cost (£)
Honington Family Group:	
Group Worker salary costs	3,332
Scheme Manager salary costs	183
Home-Start preparation course costs for 5 new volunteers	1,612
On-going training contribution for volunteers and staff	350
Volunteer mileage	1,800
Marketing & equipment	2,200
Running costs	2,600
Home-Start fee for insurance, legal cover and organisation support	217
Total cost of items listed above:	12,294
Royal British Legion	13,414

20 How much funding are you applying to us for?

21 What funds have you raised so far for this project?

Total fundraising:	118,281

22 What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
Raising the Bar	18,000	Applied Sep 16'

Funder	Amount (£)	Reason for funding
Forest Heath District Council	13,250	Home-visiting service in West Suffolk Districts
St Edmundsbury Borough Council	13,250	
Total:	18,000	
Total:	26,500	

23 What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?